

THE BULLY VACCINE – WELCOME AND INTRODUCTION

Thank you for purchasing The Bully Vaccine Home Vaccination Toolkit. This toolkit is designed to help provide guidance and further insight into the process of extinguishing bullying behavior. The process isn't easy but it can be done.

WHAT'S INCLUDED

This toolkit includes

- Two 1 hour videos (an operant conditioning primer and real life examples of how to apply these principles to real life bullying situations)
- The Bully Vaccine Workbook
- The Bully Vaccine bullying documentation log
- The reason and compassion worksheet
- The action plan worksheet
- The Bully Vaccine flowchart for hand reference
- And the tip sheet for handling any sort of bully

In addition to the materials included in the toolkit you will also receive the following bonus materials:

- A complimentary copy of The Bully Vaccine as a pdf
- 7 ways to help your child cope with bullying tip sheet
- Notes from the presentations
- 6 additional bonus videos on topics relevant to bullying prevention and implementation of the operant conditioning approach.

GETTING STARTED

To get started I recommend you read through your copy of The Bully Vaccine and view the operant conditioning primer and real life example videos. This will give you the necessary overview you need to develop a strategy for dealing with bullies.

Next, start working your way through the Bully Vaccine Workbook and the accompanying worksheets. The tip sheet of handling any sort of bully will help you as you develop a strategy for your specific problem(s).

ADDITIONAL HELP

If you find you need additional help, please contact me at jen@jen-hancock.com to set up a private consulting session. I am available at the rate of \$50/half hour. You will need to email me copies of your worksheets so I can prepare in advance for our session to make the most of our time together.

Jennifer Hancock